

# HELPING YOU TO SPOT AND STOP FRAUDSTERS

## Fraudsters target you in many ways:

- ✗ Cold-calling, scam mail/post, emails and texts
- ✗ Through pushy sales techniques e.g. demanding money up-front
- ✗ Over promising i.e. if it sounds too good to be true, it probably is

## You can protect yourself and help stop them by:

- ✓ Taking your time and saying no to offers if unsure
- ✓ Never sending money to claim a prize
- ✓ Protecting your personal information

## Report all fraud and get advice from Action Fraud on:

# ActionFraud

Report Fraud & Internet Crime

# 0300 123 2040

# [www.actionfraud.police.uk](http://www.actionfraud.police.uk)

